

The mission is submission

Lock & Choke 3

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Supplementary regulations

On **June 25th 2005** the next Submission-Wrestling tournament of the European Luta Livre Organization (ELLO) will take place. The tournament is open for martial artists of all organisations. **Members of ELLO have the chance to position themselves in the ELLO ranking list.**

Prices:

1. Place/GK: Trophy

2nd und 3rd Place/GK: Trophy / Medal

Venue:

Deutsche Sporthochschule Köln, Hall 22

Scale:

from 10:00 am to 10:45 am

Start of fights:

11:00 am

Finals:

06:30 pm

Weight classes:

- under 65 kg
- 66 to 76,9 kg
- 77 to 87,9 kg
- 88 to 98,9 kg
- 99 and more

Fee:

25,-- Euro non-members

15,-- Euro ELLO members and students (pay at scale)

late-fee after June 15rd 05 : + 5,-- Euro

Rules:

The **LOCK & CHOKE 3** is a **K.O.-tournament** after classical Luta Livre regulations in which only the winner of a fight can move on to the next round.

Dresscode requires long, cotton pants (judo pants) or shorts without sippers or any applications and a t-shirt or lycra shirt. Any kind of shoes are strictly prohibited.

Fighters fight barefoot.

For distinction, the fighters will wear different colour bands on their ankles. The colours are blue and yellow.

Bandages and tape are legal as long as they don't restrict the movement of the joints to much.

Tape will be checked and decontrolled by the fight judges.

Jockstraps, mouthguard and kneepads are recommended.

Fighting area will be a not bounded mat with the measures **7 x 7 m.**

If the fighters leave the fighting area, the fight will be continued in the middle of the mat in the same position that they had when leaving the mat.

If the mat is left while standing, the fight will be continued standing in the middle of the mat.

If the fighters stay longer than two minutes passiv in a position the referee can make them stand up and start the fight again.

Permitted techniques:

- Any kind of choke except finger use on the laryngeal.
- Any kind of joint locks with the exception of twisters on knees and neck.

Prohibited techniques:

- Twisted neck- and knee locks
- Suplex (Throws on neck and head)

The mission is submission

- Blows and kicks of any kind
- eye gauging
- Ear grabbing
- Hair pulling
- Pulling or twisting of single fingers / toes
- Srcatching or pinching
- biting
- grabbing of genitals and laryngeal
- hands, knees or ellbows on face
- lubricants or other substances on body or clothes

Valuation:

(counts from start of fight)

- Backmount 4 points
- Mount 3 points
- Takedown 2 points
- Takedown in (Half-)Guard 1 point

Penalties:

- Passivity -1 point

A fight is won if:

- The opponent gives up (verbally or by tapp out)
- After one fighter has reached 7 points
- The fighting judge breaks of the fight because one of the fighters can't defend himself.
- A fighter is couitioned twice for breaking the rules he will be disqualified by the judges.
- If a fighter, his coach or his fans are behaving against the rules of good sportsmanship the fighter can be disqualified by the judge.

Fighting time:

- ATTENTION: Fightingtime is unlimited!!!

Women:

The same rules as shown above are valid for women.
The event management reserves the right to change weight classes due to possible lack of contestants.

Weight classes:

- to 55 Kg
- to 65 Kg
- more than 65 Kg

Registration form:

This form has to be send in **until June 16th** for ahead registering (Fax possible) or, the latest brought at the day of the contest (**CAUTION: Late registry fee 5,-- Euro**).

Email registration is possible, if all positions are filled out.

Fighter:

Name / first name

Weight

Address

DOB

E-mail

Fon.

Team (if existing):

FIGHTING TEAM / COACH

City / Country

Hereby I bindingly register for the ELLO **Lock & Choke** Submission-Wrestling tournament on June 25th 2005. I have a current (not older than 1 year) medical check attestation (do not need to show) that bills me physical fitness. I'm free of contagious diseases and participate on the tournament on my own risk.

Signature of fighter

Please send to:

TRAINERAKADEMIE für LUTA LIVRE

ELLO - HEADQUARTER

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